

A circular logo with the words "ASK IT" in a bold, sans-serif font. The logo is centered on a dark blue sphere that is part of a larger, blurred background of light blue and white bokeh lights.

ASK IT

PART 1: Question Everything

INTRODUCTION

What if there was a question that would clarify your best option for ninety percent of the decisions you make in life—a question that answers just about everything? It would have the potential to foolproof your relationships, marriage, finances, calendar, pace, and health. It would reduce the complexity of your life. It would save you time, money, and tears. You would carry around less regret. And best of all, you wouldn't have to apologize nearly as much.

DISCUSSION QUESTIONS

1. Did you make any New Year's resolutions? If so, what are you going to do to make sure you follow through on them?
2. What are some ways you've seen people allow their emotions and desires lead their decision-making?
3. Read Ephesians 5:15-17. What are some of the cultural currents that make it difficult for people today to make wise choices?
4. How might your life be different if you made decisions in light of your past experience and current circumstances?
5. Andy Stanly says, *"Personal vision is often a catalyst for wise decisions."* Think about your future hopes and dreams. What are some opportunities you're in danger of missing if you make unwise choices?
6. What is one area of your life about which you need to ask, *"What's the wise thing for me to do?"* How can this group support you in asking that question?

MOVING FORWARD

Of every invitation, opportunity, relationship, or decision, ask, *"What's the wise thing to do?"* If you were going to do the wise thing, what would it be? By asking that question, even if you don't follow through, you will discover something about you.

You owe it to yourself to know the answer to that question.

CHANGING YOUR MIND

Be very careful, then, how you live—not as unwise but as wise, making the most of every opportunity, because the days are evil.

Ephesians 5:15-16